

# Red Ribbon/Character Counts Week

October 21-25

Monday Oct 21 <sup>st</sup>	Tuesday Oct 22 <sup>nd</sup>	Wednesday Oct 23 <sup>rd</sup>	Thursday Oct 24 <sup>th</sup>	Friday Oct 25 <sup>th</sup>
<b>Pillar Focus: All Pillars</b>	<b>Pillar Focus: Responsibility</b>	<b>Pillar Focus: Citizenship</b>	<b>Pillar Focus: Fairness</b>	<b>Pillar Focus: Caring</b>
<b>Color the World With Character by being Drug and Bully Free</b>	<b>From Head to Toe, I Make Responsible Choices!</b>	<b>My Character Counts – Hats Off to Being Drug and Bully-Free.</b>	<b>Team Up for a Healthy Lifestyle So We Can All Be Drug and Bully-Free.</b>	<b>We can Inspire Others with Our Positive Attitude.</b>
<b>WEAR TIE-DYE CLOTHES</b>	<b>WEAR CRAZY SOCKS</b>	<b>WEAR YOUR FAVORITE HAT</b>	<b>WEAR EXERCISE CLOTHES OR YOUR FAVORITE TEAM GEAR</b>	<b>WEAR RED TO SAY NO TO DRUGS</b>
<b>Kind Act of the Day:</b> Give someone a genuine compliment.	<b>Kind Act of the Day:</b> Include someone who is being left out.	<b>Kind Act of the Day:</b> Write an encouraging note on a post-it and leave it for someone to find. Good citizenship is about keeping others in mind!	<b>Kind Act of the Day:</b> Say something nice to someone who is having a tough day.	<b>Kind Act of the Day:</b> Tell your teacher one thing you liked that he or she did this week.
During the week, allow your students to sign the Red Ribbon Week pledge banner in the front hall.	<b>Optional Activities:</b> *Have each student write their dreams for the future and discuss how responsible choices will impact their goals.	<b>Optional Activities:</b> *Recognize students or adults who have shown exemplary character.  *Read a book about a famous person that showed their great character.  *Learn about Enrique “Kiki” Camarena who RRW was founded to honor.	<b>Optional Activities:</b> *As a class, come up with a slogan to be drug and bully-free and display.  *Show a short slideshow on healthy activities (link below).	

\*Slideshow <https://fit.sanfordhealth.org/resources/u113-35-its-all-connected-slideshow>

### Red Ribbon Pledge:

I pledge to stay in school and learn the things I need to know.  
I pledge to make the world a better place for kids like me to grow.  
I pledge to take a stand and lend a hand.  
I pledge to keep my dreams alive and be all that I can be.  
I pledge to help others and to keep myself drug-free.