Recipes for Success

Practical Activities to Help Your Child Succeed

Musical books READING

Everyone wins in this twist on musical chairs that encourages your child

Ingredients: chairs, books, music player

that seat. Then, someone else controls the music for the next round. Continue until each player has handled the music and sampled several players sit in the closest chair and read the first page of the book under music while the others walk around the circle. When the music stops, book underneath each chair. Designate one person to start and stop the Let your youngster put chairs in a circle, one for every player, and place a

books. Now everyone picks a book to finish. If two

people want the same book, they might read it aloud together, alternating pages as they go!



GEOGRAPHY

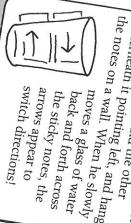
SCIENCE

ster to find unusual city and town names, such as Gnaw Bone, Indiana, Read a state map with your youngand Hippo, Kentucky. She could make a list of the



top pointing right and the other on two separate sticky notes, one on water. Have him draw two arrows or bends, when it passes through Show your child how light refracts,

underneath it pointing left, and hang



Refrigerator Poster

You're invited WRITING

writing those details by making his own of an event. Your youngster can practice mation like the date, time, and location An invitation includes important infor-

positive behavior. Check off each

help develop school success and minutes. These fun activities will

box as you complete the "recipe."

activity when you have a few

the refrigerator and sneak in an Just hang your Recipes poster on

Ingredients: paper, pencils

example, "What: Board game night! Wear your coziest pajamas. He should list details and make the event sound fun. For like a movie night, board game night, or Sunday brunch. Ask your child to create invitations for a family activity

January 18, 2020, 7–9 p.m. Where: Living room." Bring a board game to play and a snack to share. When: Saturday,

board or make a copy for everyone. Suggest that your youngster post the invitation on a bulletin

MATH

Raid the refrigerator

ster to measure and compare weights Look no farther than your refrigerator and pantry to encourage your young-

Ingredients: food packages, masking tape, pencil, paper

Set out a few packaged foods, such as salsa, pasta, and beans, and use tape to cover up how much each one weighs.

Now invite your child to choose one item and remove the tape hiding its weight. For instance, maybe the can of beans weighs 14.5 oz. She can pick up each of the other packages and estimate how much they weigh based on how heavy the beans feel. Perhaps the bag of rice feels heavier and the cornstarch feels lighter. She should write down her estimates

youngster came to the real weights Finally, peel off all the tape to see how close your

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JANUARY 2020

Penny bridge ENGINEERING

Building a bridge with nothing but pennies will teach your youngster logical thinking and design skills

Ingredients: 50 pennies

what may work better. Does his bridge need more supports? iments, encourage him to think about what is working and that will stand on its own for at least 10 seconds. As he exper-Challenge your child to use all 50 pennies to create a bridge Should the pennies overlap more or less? He could combine successful ideas

or longer-lasting. make a bridge that is longer, taller, Idea: Your youngster might try to

until he finds a solution



SOCIAL STUDIES

If your child built her own city, what would people need to live there? She can use materials from around the house and create a model of her city. Maybe she'll pick a shoebox for a hospital, a toothpaste box for a bus stop, and a circle of aluminum foil for a lake.

We finished

Congratulations!

activities together on this poster.

COUNTING

others to practice recording and counting data. Encourage her to ask you, siblings, friends, or teachers a few Your youngster can interview questions like "What's your favorite food?" She could create a chart for each question in a notebook, tally responses, and count the results to learn which answers are most common.

cal radio station, or online. listening to his music on a CD, a classi-Mozart's birthday. Celebrate together by January 27 is Wolfgang Amadeus

eration for people in your community. Suggest

Being a good citizen includes showing consid

☐ CITIZENSHIP

that your child look for ways to do this. For

example, at the grocery store, let her

help you return your cart to

(happy, calm). Does music makes him teel Ask your child how the

Mozart's works? familiar tunes in he recognize any

damage anyone's car the corral so it doesn't

EMPATHY

yourself in someone else's shoes. empathy means being able to put Explain to your child that having

tion. Then, he could try to cheer her up. to think about how he'd feel in that situaan argument with her best friend), ask him When someone is upset (say, his sister had

INDEPENDENCE

item, she gets to check it off her list her fish. She can put it in a visible spot like on today, such as finishing homework and teeding her write down things she needs to accomplish Have your child make her own to-do lists. Let her nightstand. When she completes each The state of the s

PARTS OF SPEECH

Dun

item (say, a blanket). Set a timer for one minute Ask your child to choose a household

while family members list as many adjectives as Possible to describe the object. Examples: colorful, fuzzy, most adjectives no one else warm. The person with the thought of gets to pick the next object.

Signed (parent or adult family member)

Signed (child)